**NEW MOON:**  *Sprouting*  ☽ 13° 20’ sidereal Cancer

- Sprouting Phase begins
- Expressing a new theme
- Sprouting Phase ends
- Releasing
- Restricting patterns

**CRESCENT:**  *Growing*  ☽ 01° 24’ sidereal Virgo

- Growing Phase begins
- Expanding on the concept
- Growing Phase ends
- External
- Stimulus

**FIRST QUARTER:**  *Flowering*  ☽ 19° 39’ sidereal Libra

- Flowering Phase begins
- Initiate action
- Flowering Phase ends
- Pushing through

**GIBBOUS:**  *Pollinating*  ☽ 08° 15’ sidereal Sagittarius

- Pollinating Phase begins
- Attraction & involvement
- Pollinating Phase ends

- Pollinating Phase completes on the Full Moon
  - Thu, Aug 15, 12:29 GMT; Thu, Aug 15, 5:29 AM MST

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**The Lunar Month of: August 1, 2019**

- [www.lunarplanner.com](http://www.lunarplanner.com)
### The Lunar Month of: August 1, 2019

![Moon Icon]

**FULL MOON:** *Fruit Bearing* 🌔 27° 07′ sidereal Capricorn
- Thu, Aug 15, 12:29 GMT; Thu, Aug 15, 5:29 AM MST

<table>
<thead>
<tr>
<th>Fruit Bearing Phase begins</th>
<th>Fruit Bearing Phase ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>REALIZATION OF</td>
<td>MOVEMENT &amp; PARTICIPATION</td>
</tr>
<tr>
<td>THE THEME</td>
<td></td>
</tr>
</tbody>
</table>

**DISSEMINATING:** *Harvesting* 🌍 16° 05′ sidereal Pisces
- Mon, Aug 19, 15:27 GMT; Mon, Aug 19, 8:27 AM MST

<table>
<thead>
<tr>
<th>Harvesting Phase begins</th>
<th>Harvesting Phase ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>MANIFESTATION</td>
<td>INNER NEED</td>
</tr>
<tr>
<td>&amp; DEMONSTRATION</td>
<td></td>
</tr>
</tbody>
</table>

**LAST QUARTER:** *Cultivating* 🌺 04° 55′ sidereal Taurus
- Fri, Aug 23, 14:55 GMT; Fri, Aug 23, 7:55 AM MST

<table>
<thead>
<tr>
<th>Cultivating Phase begins</th>
<th>Cultivating Phase ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>INITIATE</td>
<td>COALESCEENCE</td>
</tr>
<tr>
<td>CHANGE</td>
<td>OF PAST</td>
</tr>
</tbody>
</table>

**BALSAMIC:** *Seeding* 🌼 23° 23′ sidereal Gemini
- Tue, Aug 27, 05:04 GMT; Mon, Aug 26, 10:04 PM MST

<table>
<thead>
<tr>
<th>Seeding Phase begins</th>
<th>Seeding Phase ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>FOCUS TO</td>
<td>SURRENDER</td>
</tr>
<tr>
<td>THE FUTURE</td>
<td>&amp; PLAY</td>
</tr>
</tbody>
</table>

*Seeding Phase completes on the New Moon*
- Fri, Aug 30, 10:37 GMT; Fri, Aug 30, 3:37 AM MST
- 🌔 11° 30′ sidereal Leo